AQUATICS CENTER SCHEDULE: JULY2024

RECREATION POOL

SCHEDULE KEY: SCHEDULE KEY: SCHEDULE KEY: SLAP = Swim Lap Lanes OLAP = Open Lap Lanes SFC = Swim for Charlie
WF = Water Fitness
GSL = Group Swim Lessons
GS = Group Swim

SUNDAY	OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1
12:00PM - 7:00PM	OPEN	OPEN	OLAP	OLAP	OLAP
MONDAY	OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1
5:30AM - 8:00AM	OPEN	OPEN	OLAP	OLAP	OLAP
8:00AM - 9:45AM	OPEN	WF	WF	WLAP	SLAP
9:45AM - 10:30AM	OPEN	OPEN	WLAP	WLAP	SLAP
10:30AM-12:00PM	GS	GS	GS	OLAP	OLAP
12:00PM - 1:00PM	OPEN	GSL	OLAP	OLAP	OLAP
1:30PM - 3:00PM	GS	GSL	GS	OLAP	OLAP
3:00PM - 3:45PM	OPEN	GSL	OLAP	OLAP	GSL
3:45PM - 5:15PM	OPEN	OPEN	SLAP	WLAP	OLAP
5:15PM - 7:35PM	OPEN	OPEN	OLAP	GSL	GSL
7:35PM - 9:00PM	OPEN	OPEN	OLAP	OLAP	
TUESDAY	OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1
	OPEN AREA	OPEN AREA	OLAP	OLAP	OLAP
5:30AM - 8:30AM 8:30AM - 9:15AM	OPEN	OPEN	-	WF	WF
	-		OLAP WLAP	WLAP	SLAP
9:15AM - 10:30AM	OPEN	OPEN			-
10:30AM-12:00PM	GS	GS	GS	OLAP	OLAP
12:00PM - 1:00PM	OPEN GS	GSL	OLAP GS	OLAP OLAP	OLAP OLAP
1:30PM - 3:00PM 3:00PM - 3:45PM	OPEN	GS	OLAP	OLAP	GSL
		GSL	-	-	
3:45PM - 5:15PM	OPEN	OPEN	SLAP	WLAP	OLAP
5:15PM - 7:35PM	OPEN	OPEN	OLAP	OLAP	GSL
7:35PM - 9:00PM	OPEN	OPEN	OLAP	OLAP	OLAP
WEDNESDAY	OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1
5:30AM - 8:00AM	OPEN	OPEN	OLAP	OLAP	OLAP
8:00AM - 9:45AM	OPEN	WF	WF	WLAP	SLAP
9:45AM - 10:30AM	OPEN	OPEN	WLAP	WLAP	SLAP
10:30AM-12:00PM	GS	GS	GS	OLAP	OLAP
12:00PM - 1:00PM	OPEN	GSL	OLAP	OLAP	OLAP
1:30PM - 3:00PM	GS	GS	GS	OLAP	OLAP
3:00PM - 3:45PM	OPEN	GSL	OLAP	OLAP	GSL
3:45PM - 5:15PM	OPEN	OPEN	SLAP	WLAP	OLAP
5:15PM - 7:35PM	OPEN	OPEN	OLAP	GSL	GSL
7:35PM - 9:00PM	OPEN	OPEN	OLAP	OLAP	OLAP
THURSDAY	OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1
5:30AM - 9:00AM	OPEN	OPEN	OLAP	OLAP	OLAP
9:00AM - 9:45AM	OPEN	WF	WF	WLAP	SLAP
9:45AM - 10:30AM	OPEN	OPEN	WLAP	WLAP	SLAP
10:30AM-12:00PM	GS	GS	GS	OLAP	OLAP
12:00PM - 1:00PM	OPEN	GSL	OLAP	OLAP	OLAP
1:30PM - 3:00PM	GS	GS	GS	OLAP	OLAP
3:00PM - 3:45PM	OPEN	GSL	OLAP	OLAP	GSL
3:45PM - 5:15PM	OPEN	OPEN	SLAP	WLAP	OLAP
5:15PM - 7:35PM	OPEN	OPEN	OLAP	OLAP	GSL
7:35PM - 9:00PM	OPEN	OPEN	OLAP	OLAP	OLAP
FRIDAY	OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1
5:30AM - 8:00AM	OPEN	OPEN	OLAP	OLAP	OLAP
8:00AM - 10:30AM	OPEN	WF	WF	OLAP	WF
10:30AM-12:00PM	GS	GS	GS	OLAP	OLAP
12:00PM - 1:00AM	OPEN	GSL	OLAP	OLAP	OLAP
1:30PM - 3:00PM	GS	GS	GS	OLAP	OLAP
3:00PM - 9:00PM	OPEN	OPEN	OLAP	OLAP	OLAP
SATURDAY	OPEN AREA	OPEN AREA	LANE 3	LANE 2	LANE 1
7:00AM - 9:15AM	OPEN	OPEN	OLAP	OLAP	OLAP
9:15AM - 1:20PM	OPEN	GSL	OLAP	OLAP	GSL
1:20PM - 2:30PM	OPEN	OPEN	OLAP	OLAP	OLAP
2:30PM - 4:25PM	OPEN	GSL	OLAP	OLAP	GSL
4:25PM - 9:00PM	OPEN	OPEN	OLAP	OLAP	OLAP
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Swim Team Practices: There will be limited lane space in the COMP Pool Monday - Friday mornings and evenings and Saturday morning during ALL practice times. **MASTERS** is included in the times below M/W/F Start - COMP Pool •⊠00A -9:00A •12:00P-1:00P •£000P-8:00P TU/TH Start - COMP Pool •£000P-8:00P SAT Starts - COMP Pool •8300A-10:00A Water Polo: SUNDAYS Comp Pool Lanes 0-6 •€00P-5:30P Group Swim Lessons: There will be limited lane space in the REC Pool Monday-Saturday during ALL Group Swim Lessons times M/W Start 5/29 REC Pool Open Area & Lanes 1-2 •5:15P-7:35P TU/TH Start 5/30 REC Pool Open Area & Lane 1

SCHEDULE NOTES:

•@345A - 10:30A •D2:15P -12:45P •B300P-3:34P •B350P-4:20P •B315P-7:35P SAT Starts 6/1 REC Pool Open Area & Lane 1 •@315A-1:25P •D30P-4:25P

Group/Camp Swim: There will be limited lane space in the REC Pool weekdays during ALL Group Swim times.

MONDAY - FRIDAY REC Pool Open Areas & Lane 3 • ID:30A-12:00P • ID:30P-3:00P

AQUATICS CENTER SCHEDULE: July 2024 COMPETITION POOL

SCHEDULE KEY:	MST = Masters Swim Team	SFC = Swim for Charlie	HS = High School Swim
*See schedule notes on back of schedule.	GSL = Group Swim Lessons	CAT = Carolina Aquatic Team	WF = Water Fitness
	LAP = Lap Swim Lane	HAC = Hillsborough Aquatic Club	WP = Water Polo

SUNDAY 12:00PM - 4:30PM	LANE 0	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10
4-20DM 6-20DM	EARL O	LANE I		EARE 5		Lap Swim		EARE 7	LANE 0	ERITE 5	LANE IV
4:30PM - 6:30PM			Water	rpolo					Lap Swim		
6:30PM - 7:00PM						Lap Swim	-				
MONDAY	LANE 0	LANE 1	LANE 2 Masters S	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8 Lap Swim	LANE 9	LANE 10
5:30AM - 6:30AM 6:30AM - 7:00AM			PidSter 3 3	winning				Lap Swin			
7:00AM - 9:00AM	1	Lap Swim					Hillsboroug	h Aquatic C			
9:00AM - 10:00AM											
10:00AM - 11:00AM	- Deep Wa	ater fitness	Lap	Swim			Lap	o Swim			Law Curine
11:00AM - 11:15AM 11:15AM - 12:00PM	Lap Swim									Lap Swim	
12:00PM - 1:00PM		Lup J	Masters S	wimmina				Lar	Swim		
1:00PM - 3:45PM				Lap S	wim					Lap Swim	
3:45PM - 4:00PM			1	Eup c						Lup on in	
4:00PM - 5:00PM 5:00PM - 6:30PM	GSL Lap	Swim Laps Swim	H.	AC	ні	llshorough	Aquatic Clu	h			
6:30PM - 7:00PM	UJL					lisborougri	Aquatic cla	0	Hillsbor	ough Aquat	ic Club
7:00PM - 8:00PM	-	Carolina Aqu	latic Team		Carolir	a Aquatic	Team	HAC			
8:00PM - 9:00PM						Lap Swim					
TUESDAY	LANE 0	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10
5:30AM - 6:30AM 6:30AM - 7:45AM	-										
7:45AM - 8:30AM	-										
8:30AM - 10:00AM											
10:00AM - 11:00AM	-	Lap S	Swim			Lap Swim			Lap S	Swim	
11:00AM - 11:15AM 11:15AM - 12:00PM											
12:00PM - 1:00PM											
1:00PM - 3:45PM											
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4:00PM - 5:00PM 5:00PM - 6:00PM	GSL	Lap Swim	H.	AC			Hillsh	orough Aqu	atic Club		
6:00PM - 7:00PM			uatic Team								
7:00PM - 8:00PM		Carolina Aqu	auc ream		Carolin	a Aquatic 1			Lap S	Swim	
8:00PM - 9:00PM						Lap Swim					
WEDNESDAY	LANE 0	LANE 1	LANE 2 Masters S	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8 Lap Swim	LANE 9	LANE 10
5:30AM - 6:30AM 6:30AM - 7:00AM			Hasters 5	wiinining				Lap Swin			
7:00AM - 9:00AM	1	Lap Swim					Hillsboroug	h Aquatic C			
9:00AM - 10:00AM											
10:00AM - 11:00AM	Deep Wa	ater fitness	Lap	Swim			Lap	o Swim			Law Curine
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12:00PM - 1:00PM		Lup J	Masters S	wimming				Lap	Swim		-
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7:00PM - 8:00PM		Lap S	wim			Lap Swim		HAC			
8:00PM - 9:00PM						Lap Swim					
THURSDAY 5:30AM - 6:30AM	LANE 0	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10
6:30AM - 7:45AM	-										
7:45AM - 8:30AM											
8:30AM - 10:00AM											
10:00AM - 11:00AM	-	Lap S	Swim			Lap Swim			Lap S	Swim	
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For questions about the schedule or to inquire about group swim/pool rentals, please contact BRAD LANGFORD (Aquatics Director) at blangford@oc-sportsplex.com or 919.644.0339 ext. 241.