## **AQUATICS CENTER SCHEDULE: November 2024 RECREATION POOL**

| SCHEDULE KEY:    | WLAP: Walk Lap La<br>OPEN: Open Swim<br>SLAP: Swim Lap La<br>OLAP: Open Lap La | Area<br>nes | SFC: Swim<br>WF: Water<br>GSL: Group<br>GS: Group | Fitness<br>o Swim Less | sons   | SCHEDULE NOTES:  |  |  |  |  |
|------------------|--|-------------|---|------------------------|--------|--|--|--|--|--|
| SUNDAY           | OPEN AREA  | OPEN AREA   | LANE 3  | LANE 2                 | LANE 1 | Group Swim Lessons:  |  |  |  |  |
| 12:00PM - 7:00PM | OPEN   | OPEN        | OLAP  | OLAP                   | OLAP   | There will be limited lane space in                                  |  |  |  |  |
| MONDAY           | OPEN AREA  | OPEN AREA   | LANE 3  | LANE 2                 | LANE 1 | the REC Pool Monday-Saturday   |  |  |  |  |
| 5:30AM - 8:00AM  | OPEN   | OPEN        | OLAP  | OLAP                   | OLAP   | during ALL Group Swim Lessons  |  |  |  |  |
| 8:00AM - 9:45AM  | OPEN   | WF          | WF  | WLAP                   | SLAP   | times  |  |  |  |  |
| 9:45AM - 11:00AM | OPEN   | OPEN        | OLAP  | WLAP                   | SLAP   | M/W Start 11/04 REC Pool Ope   |  |  |  |  |
| 11:00AM - 1:00PM | OPEN   | SFC         | SFC/OLAP  | WLAP                   | SLAP   | Area & Lanes 1-2   |  |  |  |  |
| 1:00PM - 3:30PM  | OPEN   | OPEN        | OLAP  | WLAP                   | SLAP   | •3:30P-8:00P   |  |  |  |  |
| 3:30PM - 8:00PM  | OPEN   | OPEN        | OLAP  | GSL                    | GSL    | TU/TH Start 11/05 REC Pool   |  |  |  |  |
| 7:15PM - 8:00PM  | OPEN   | WF          | WF  | OLAP                   | OLAP   | Open Area & Lane 1<br>•9:00A -11:30A                                 |  |  |  |  |
| 8:00PM - 9:00PM  | OPEN   | OPEN        | OLAP  | OLAP                   | OLAP   | •3:30P-8:00P   |  |  |  |  |
| TUESDAY          | OPEN AREA  | OPEN AREA   | LANE 3  | LANE 2                 | LANE 1 | SAT Starts 11/02 REC Pool Ope  |  |  |  |  |
| 5:30AM - 8:30AM  | OPEN   | OPEN        | OLAP  | OLAP                   | OLAP   | Area & Lane 1<br>•8:30A-1:00P  |  |  |  |  |
| 8:30AM - 9:15AM  | OPEN   | OPEN        | OLAP  | WF                     | WF     | •8.30A-1.00P   |  |  |  |  |
| 9:00AM - 11:15AM | GSL  | OPEN        | OLAP  | WLAP                   | SLAP   |  |  |  |  |  |
| 11:00AM - 1:00PM | OPEN   | SFC         | SFC/OLAP  | WLAP                   | SLAP   |  |  |  |  |  |
| 1:00PM - 3:30PM  | OPEN   | OPEN        | WLAP  | WLAP                   | SLAP   | Group/Camp/SFC: There  |  |  |  |  |
| 3:30PM - 8:00PM  | OPEN   | OPEN        | SLAP  | WLAP                   | GSL    | will be limited lane space in the REC<br>Pool weekdays during ALL    |  |  |  |  |
| 8:00PM - 9:00PM  | OPEN   | OPEN        | OLAP  | OLAP                   | OLAP   | Group/Camp/SFC Swim times.   |  |  |  |  |
| WEDNESDAY        | OPEN AREA  | OPEN AREA   | LANE 3  | LANE 2                 | LANE 1 |  |  |  |  |  |
| 5:30AM - 8:00AM  | OPEN   | OPEN        | OLAP  | OLAP                   | OLAP   |  |  |  |  |  |
| 8:00AM - 9:45AM  | OPEN   | WF          | WF  | WLAP                   | SLAP   | M-F - REC Open Area & Lane 3   |  |  |  |  |
| 9:45AM - 11:00AM | OPEN   | OPEN        | OLAP  | WLAP                   | SLAP   | •11:00A-1:00P<br>TH - REC Open Area & Lane 3                         |  |  |  |  |
| 11:00AM - 1:00PM | OPEN   | SFC         | SFC/OLAP  | WLAP                   | SLAP   | •3:30P-4:30P   |  |  |  |  |
| 1:00PM - 3:30PM  | OPEN   | OPEN        | OLAP  | WLAP                   | SLAP   |  |  |  |  |  |
| 3:30PM - 8:00PM  | OPEN   | OPEN        | OLAP  | GSL                    | GSL    |  |  |  |  |  |
| 7:15PM - 8:00PM  | OPEN   | WF          | WF  | OLAP                   | OLAP   | Swim Meets:  |  |  |  |  |
| 8:00PM - 9:00PM  | OPEN   | OPEN        | OLAP  | OLAP                   | OLAP   | The COMP Pool will be CLOSED to<br>patron use during ALL High School |  |  |  |  |
| THURSDAY         | OPEN AREA  | OPEN AREA   | LANE 3  | LANE 2                 | LANE 1 | swim meets. The AQUATICS   |  |  |  |  |
| 5:30AM - 8:45AM  | OPEN   | OPEN        | OLAP  | OLAP                   | OLAP   | Department will be CLOSED to   |  |  |  |  |
| 8:45AM - 9:15AM  | GSL  | WF          | WF  | WLAP                   | SLAP   | patron use during ALL Swim Club<br>swim meets. CLUB & HIGH SCHOO     |  |  |  |  |
| 9:00AM - 11:15AM | GSL  | OPEN        | WLAP  | WLAP                   | SLAP   | Swim Meets is/are included in the                                    |  |  |  |  |
| 11:00AM - 1:00PM | OPEN   | SFC         | SFC/OLAP  | WLAP                   | SLAP   | dates/times below:   |  |  |  |  |
| 1:00PM - 3:30PM  | OPEN   | OPEN        | WLAP  | WLAP                   | SLAP   |  |  |  |  |  |
| 3:30PM - 4:30PM  | OPEN   | GS          | WLAP  | WLAP                   | GSL    |  |  |  |  |  |
| 4:30PM - 8:00PM  | OPEN   | OPEN        | SLAP  | WLAP                   | GSL    | VEAC Most CAT 11/16 & CUN  |  |  |  |  |
| 8:00PM - 9:00PM  | OPEN   | OPEN        | OLAP  | OLAP                   | OLAP   | •YBAC Meet - SAT 11/16 & SUN 11/17                                   |  |  |  |  |
| FRIDAY           | OPEN AREA  | OPEN AREA   | LANE 3  | LANE 2                 | LANE 1 | Aquatics Department CLOSED   |  |  |  |  |
| 5:30AM - 8:00AM  | OPEN   | OPEN        | OLAP  | OLAP                   | OLAP   | •TRINITY HS Meet - MON 11/15   |  |  |  |  |
| 8:00AM - 10:45AM | OPEN   | WF          | WF  | OLAP                   | OLAP   | •ALL Durham HS Meet - SAT 11/23                                      |  |  |  |  |
| 11:00AM - 1:00PM | OPEN   | SFC         | SFC/OLAP  | WLAP                   | SLAP   | •ALL Durnalli HS Meet - SAT 11/25<br>COMP Pool CLOSED 4:00P-9:00     |  |  |  |  |
| 1:00PM - 9:00PM  | OPEN   | OPEN        | OLAP  | OLAP                   | OLAP   |  |  |  |  |  |
| SATURDAY         | OPEN AREA  | OPEN AREA   | LANE 3  | LANE 2                 | LANE 1 |  |  |  |  |  |
| 5:30AM - 9:00AM  | OPEN   | OPEN        | OLAP  | OLAP                   | OLAP   |  |  |  |  |  |
| 9:00AM - 1:30PM  | OPEN   | GSL         | OLAP  | OLAP                   | GSL    |  |  |  |  |  |
| 1:30PM - 9:00PM  | OPEN   | OPEN        | OLAP  | OLAP                   | OLAP   |  |  |  |  |  |

For questions about the schedule or to inquire about group swim/pool rentals, please contact BRAD LANGFORD (Aquatics Director) at blangford@oc-sportsplex.com or 919.644.0339 ext. 241.

\*Schedule is subject to change without notice\*

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|--|--|-------------|-------------|---|------------------------|--------|----------------|--|------------|-----------------|-----------------|--|
|  |  | AQU         |             | S CE  |                        | R SC   |                |  | Nove       | embe            | er 20           | 24   |
|  |  |             |             |   |                        |        |                |  |            |                 |                 |  |
| SCHEDULE KEY:                          | MST: Masters Swim Team                           |             |             | SFC: Swim for Charlie<br>CAT: Carolina Aquatic Team |                        |        |                | HSS: High School Swim<br>WF: Water Fitness |            |                 | SCHEDULE NOTES: |  |
|  | GSL: Group Swim Lessons<br>BLANK: Open Swim Lane |             |             | HAC: Hillsborough Aquatic Clu                       |                        |        | WP: Water Polo |  |            | SCHEDOLE NOTES. |                 |  |
| SUNDAY                                 | LANE 0 LANE 1 LANE 2 LAN                         |             |             |   | 3 LANE 4 LANE 5 LANE 6 |        |                | LANE 7 LANE 8 LANE 9 LANE 10               |            |                 |                 |  |
| 12:00PM - 4:30PM                       |  |             |             |   |                        |        |                |  |            |                 |                 | Swim Team Practices:<br>There will be limited lane space in  |
| 4:30PM - 6:30PM<br>6:30PM - 7:00PM     |  |             | Wate        | r Polo  |                        |        |                |  |            |                 |                 | the COMP Pool Monday - Friday  |
| MONDAY                                 | LANE 0   | LANE 1      | LANE 2      | LANE 3  | LANE 4                 | LANE 5 | LANE 6         | LANE 7                                     | LANE 8     | LANE 9          | LANE 10         | mornings and evenings and<br>Saturday morning during ALL<br>practice times. MASTERS & HIGH<br>SCHOOL(S) is/are included in the |
| 5:30AM - 6:30AM                        |  |             |             | Swimming  |                        |        |                |  |            |                 |                 |  |
| 6:30AM - 7:45AM<br>7:45AM - 10:00AM    |  | High Scr    | nool Swim   |   |                        |        |                |  | High Scr   | iool Swim       |                 | times below:   |
| 10:00AM - 11:00AM                      | Deep Wa  | ter Fitness |             |   |                        |        |                |  |            |                 |                 | M/W/F - Start 6/3 COMP Pool  |
| 11:00AM - 12:00PM<br>12:00PM - 1:00PM  |  |             | Masters     | Swimming  |                        |        |                |  |            |                 | SFC             | •5:30A - 6:30A<br>•6:30A - 7:45A   |
| 1:00PM - 3:30PM                        | HSS  |             |             |   |                        |        |                |  |            |                 |                 | •12:00P - 1:00P<br>•3:30P - 8:00P  |
| 3:30PM - 4:00PM<br>4:00PM - 5:00PM     | GSL  |             |             |   |                        |        |                |  |            |                 |                 | TU/TH - Start 9/3 COMP Pool  |
| 5:00PM - 6:45PM                        |  |             | 1           |   |                        |        | Hillsbor       | ough Aqua                                  | atic Club  |                 |                 | •6:30A - 7:45A<br>•3:30P - 8:00P   |
| 6:45PM - 7:00PM<br>7:00PM - 8:00PM     | -  | Carolina A  | quatic Tear | n   |                        |        | 1              |  |            |                 |                 | SAT - Starts 9/7 COMP Pool   |
| 8:00PM - 9:00PM                        |  |             | 1           |   |                        |        |                |  |            |                 |                 | •7:00A - 11:00A  |
| TUESDAY                                | LANE 0   | LANE 1      | LANE 2      | LANE 3  | LANE 4                 | LANE 5 | LANE 6         | LANE 7                                     | LANE 8     | LANE 9          | LANE 10         | Water Polo:  |
| 5:30AM - 6:30AM<br>6:30AM - 7:45AM     |  | High Sch    | nool Swim   |   |                        |        |                |  | High Sch   | iool Swim       |                 | SUNDAYS Comp Pool Lanes 0-6  |
| 7:45AM - 11:00AM                       |  |             |             |   |                        |        |                |  |            |                 |                 | • 4:00P-5:30P  |
| 11:00AM - 1:00PM<br>1:00PM - 3:30PM    |  |             |             |   |                        |        |                |  |            |                 | SFC             | Swim Meets:  |
| 3:30PM - 4:00PM                        | GSL  |             |             |   |                        |        |                |  |            |                 |                 | The COMP Pool will be CLOSED to<br>patron use during ALL High School   |
| 4:00PM - 5:00PM                        |  | High Sch    | nool Swim   |   |                        |        | Lillaho        | augh Agur                                  | atia Club  |                 |                 | swim meets. The AQUATICS   |
| 5:00PM - 6:15PM<br>6:15PM - 6:45PM     |  |             |             |   | 1                      |        | HIIISDO        | ough Aqua                                  | atic Club  |                 |                 | Department will be CLOSED to<br>patron use during ALL Swim Club  |
| 6:45PM - 8:00PM                        |  | Carolina Ac | quatic Tean | n   |                        | 1      |                |  | T          | 1               |                 | swim meets. CLUB & HIGH SCHOOL<br>Swim Meets is/are included in the  |
| 8:00PM - 9:00PM<br>WEDNESDAY           | LANE 0   | LANE 1      | LANE 2      | LANE 3  | LANE 4                 | LANE 5 | LANE 6         | LANE 7                                     | LANE 8     | LANE 9          | LANE 10         | dates/times below:   |
| 5:30AM - 6:30AM                        | LANE   | LANCI       |             | Gwimming  | LANC 4                 | LANES  | LANE           | LANE 7                                     | LANE       | LANE 9          | LANE IV         |  |
| 6:30AM - 7:45AM<br>7:45AM - 11:00AM    |  | High Sch    | nool Swim   | 1   |                        |        |                |  | High Sch   | iool Swim       |                 |  |
| 11:00AM - 12:00PM                      |  |             |             |   |                        |        |                |  |            |                 | SFC             | •YBAC Meet - SAT 11/16 & SUN 11/17<br>Aquatics Department CLOSED   |
| 12:00PM - 1:00PM                       |  |             | Masters S   | Swimming  | 1                      | 1      |                |  |            |                 | SFC             | •TRINITY HS Meet - MON 11/18 COMP Pool CLOSED 2:00P-5:30P  |
| 1:00PM - 3:30PM<br>3:30PM - 4:00PM     | HSS  |             |             |   |                        |        |                |  |            |                 |                 | •ALL Durham HS Meet - SAT 11/23  |
| 4:00PM - 5:00PM                        | GSL  |             |             |   |                        |        |                | Hillsbo                                    | rough Aqua | atic Club       |                 | COMP Pool CLOSED 4:00P-9:00P   |
| 5:00PM - 6:15PM<br>6:15PM - 7:00PM     |  |             | Carolina Ad | uatic Tear  | n                      |        |                |  |            |                 |                 |  |
| 7:00PM - 8:00PM                        |  | High Scl    | hool Swim   | 1   |                        |        |                |  |            |                 |                 | Special Events:  |
| 8:00PM - 9:00PM<br>THURSDAY            | LANE 0   | LANE 1      | LANE 2      | LANE 3  | LANE 4                 | LANE 5 | LANE 6         | LANE 7                                     | I ANE S    |                 | LANE 10         | •A-Team Swim Camp - SUN 11/03  |
| 5:30AM - 6:30AM                        | LANEU  |             |             | LANE 3  | LANE 4                 | LANE 5 | LANE 0         | LANE 7                                     | LANE       | LANE 9          | LANE IU         | 8:00A-2:00P<br>COMP Pool - Lane space will be  |
| 6:30AM - 7:45AM                        |  | High Sch    | hool Swim   |   |                        |        |                |  | High Sch   | iool Swim       |                 | LIMITED.   |
| 7:45AM - 11:00AM<br>11:00AM - 1:00PM   |  |             |             |   |                        |        |                |  |            |                 | SFC             | l  |
| 1:00PM - 3:30PM                        |  |             |             |   |                        |        |                |  |            |                 |                 |  |
| 3:30PM - 4:00PM<br>4:00PM - 5:00PM     | GSL  | High Sch    | nool Swim   |   |                        |        |                | 1  |            |                 |                 |  |
| 5:00PM - 6:15PM                        |  |             |             |   |                        |        | Hillsbor       | ough Aqua                                  | atic Club  |                 |                 |  |
| 6:15PM - 6:45PM<br>7:00PM - 8:00PM     |  | Carolina Ac | quatic Tean | n   |                        |        |                |  |            |                 |                 |  |
| 8:00PM - 9:00PM                        |  |             |             |   |                        |        |                |  |            |                 |                 |  |
| FRIDAY                                 | LANE 0   | LANE 1      |             | LANE 3  | LANE 4                 | LANE 5 | LANE 6         | LANE 7                                     | LANE 8     | LANE 9          | LANE 10         |  |
| 5:30AM - 6:30AM<br>6:30AM - 7:45AM     |  | High Sch    | nool Swim   | g   |                        |        |                |  | High Sch   | iool Swim       |                 |  |
| 7:45AM - 10:00AM                       | Des  | ter Fit     |             |   |                        |        |                |  |            |                 |                 |  |
| 10:00AM - 11:00AM<br>11:00AM - 12:00PM | Deep Wa  | ter Fitness |             |   |                        |        |                |  |            |                 | CEO.            |  |
| 12:00PM - 1:00PM                       |  |             | Masters S   | Swimming  |                        |        |                |  |            |                 | SFC             |  |
| 1:00PM - 3:30PM<br>3:30PM - 4:00PM     | HSS  |             |             |   |                        |        |                |  |            |                 |                 |  |
| 4:00PM - 5:00PM                        |  |             |             |   |                        |        |                |  |            |                 |                 |  |
| 5:00PM - 6:45PM<br>6:45PM - 7:00PM     |  |             |             |   | 1                      |        | Hillsbo        | rough Aqua                                 | atic Club  |                 |                 |  |
| 7:00PM - 8:00PM                        |  | Carolina A  | quatic Tear | n   |                        |        |                |  |            |                 |                 |  |
| 8:00PM - 9:00PM                        |  |             |             |   |                        |        |                |  |            |                 |                 |  |
| SATURDAY<br>5:30AM - 7:00AM            | LANE 0   | LANE 1      | LANE 2      | LANE 3  | LANE 4                 | LANE 5 | LANE 6         | LANE 7                                     | LANE 8     | LANE 9          | LANE 10         |  |
| 7:00AM - 8:00AM                        |  |             |             |   |                        |        |                |  | 1          | 1               | 1               |  |
| 8:00AM - 10:00AM<br>10:00AM - 11:15AM  |  |             | Carolina Aq | uatic Tean  | 1                      |        |                | Hil  | llsborough | Aquatics C      | llub            |  |
| 11:15AM - 9:00PM                       |  |             |             |   |                        |        |                |  |            |                 |                 |  |
|  |  |             |             |   |                        |        |                |  |            |                 |                 |  |

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